

HOW TO CREATE

A Spiritual Growth Plan **Session 1**

AN
INTERACTIVE
WORKBOOK



SESSION 1

James Allen

“Men are anxious to improve their circumstances,
but are unwilling to improve themselves.”

2 Peter 3:18 (NIV)

Therefore, dear friends, since you have been forewarned, be on your guard so that you may not be carried away by the error of the lawless and fall from your secure position. But grow in the grace and knowledge of our Lord and Savior Jesus Christ.

Growth is not an _____ process.

We don't _____ to our potential as though it is waiting for us somewhere, we _____ to our potential by learning day by day.

R = _____

2 Timothy 2:15 (KJV)

Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

STUDY — Spoudazo (spough-dazo)

1. to hasten, make haste

2. to exert one's self, endeavor, give diligence

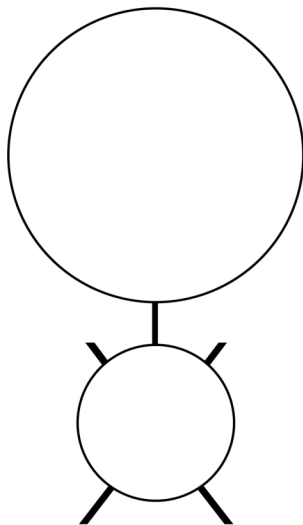


To understand how we learn we have to understand how God

_____ us.



The brain is a _____.



_____ + _____ + _____ = _____

The 3 D's Of Creating A Growth Plan:



DETERMINE



You have to know _____ you want to grow.

WHY STATEMENT:

You have to know _____ in order to _____ yourself.

John Barrett

“You can't learn what you need to know
until you know what you need to learn.”

What areas do you want to grow in?

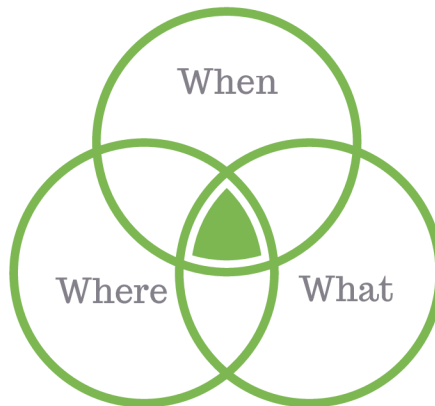
DEVELOP

Proverbs 10:5 (NIV)

He who gathers crops in summer is a prudent son, but he who sleeps during harvest is a disgraceful son.

Collect _____.

Know Your Flow



1) Know _____ To Go.

You must _____ your growth time.

2) Know _____ To Go.

You must have a _____ for your growth.

3) Know _____ To Do.

You must have a _____.

DO

James 1:22-25 (NIV)

Do not merely listen to the word, and so deceive yourselves. Do what it says.

The more you _____ what you've learned, the more God will apply to your _____.

3 Ways To Do:

- 1) _____ what you learn.
- 2) _____ what you learn.
- 3) _____ what you learn.

Jim Rohn

“Don't let your learning lead to knowledge.
Let your learning lead to action.”

WHAT YOU NEED



Resources



Snacks



**Notebook &
Pen/Pencil**



Action Steps

MY GROWTH PLAN

My Why: _____

Determine

I want to grow in these areas:

Develop

When: My best times to learn are...

Where: My best places to learn are...

What: My plan to learn is ...

Do

How are you going to write it down?

How are you going to live out what you learn about?

Who are you going to share it with?

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